# Behavioral Health Crisis ServicesA Collaborative Response

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Portland Street Response

### **Crisis Continuum of Care**

A dynamic continuum where prevention, emergency response, and follow-up are interconnected

**Emergency** Response

Project Respond, UWIC, PSR, LE

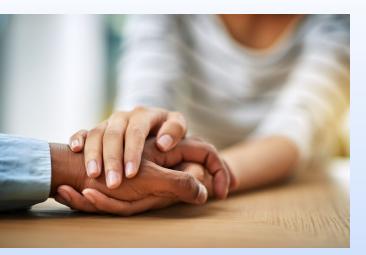
**Prevention Support** 

Street Outreach, BHCR, Shelter Team, Coordinated Care Pathway Center, School Based Mental Health Support, Healthcare Providers Behavioral
Health Call
Center
(Central Hub)

Follow-Up & Postvention

Intensive Transition Team, Telecare CATC, Crisis Respite, Post Commitment Programs, Care Coordination, Peer Services

Each phase feeds into the next, promoting recovery, stability, and resilience



The BHCC has served as the county's centralized hub for crisis response and behavioral health support for over two decades. Operating 24/7, BHCC connects individuals and families to immediate care, mobile crisis response, and ongoing mental health services.

## Behavioral Health Call Center 503-988-4888

In August 2025, BHCC achieved national accreditation from the American Association of Suicidology (AAS), recognizing its excellence in crisis intervention, suicide prevention, and adherence to the highest clinical and ethical standards. This milestone reflects BHCC's dedication to quality and compassionate service.

Every crisis call is answered by a Master's-level Qualified Mental Health Professional (QMHP) or higher. Our clinicians are trained in trauma-informed care, suicide risk assessment, and evidence-based practices to ensure that each caller receives expert, empathetic, and culturally responsive support.

### **Accredited • Compassionate • Clinically Excellent**

# Behavioral Health Call Center 503-988-4888

- Suicide rates among people experiencing homelessness are 9–10x higher.
- Oregon: 20 deaths per 100k vs U.S. 14/100k.
- 6,000+ unhoused individuals in Multnomah County (PIT 2023).
- Homelessness magnifies trauma, isolation, and barriers to care.
- Ending homelessness = suicide prevention
- Housing stability saves lives.

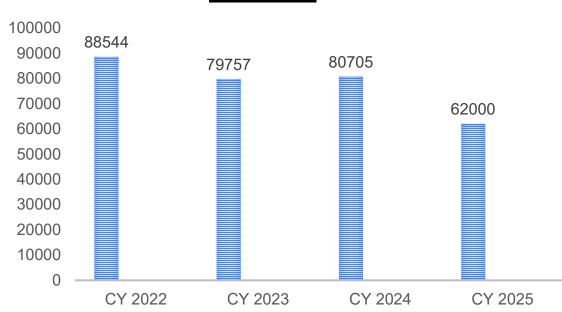


- 24/7 access point for crisis and suicide prevention.
- Trauma-informed, culturally responsive clinicians.
- Evidence-based tools: C-SSRS and CALM.
- Connections to urgent mental health care, Project Respond, and peer supports.
- County priority: align suicide prevention with housing stability.

Call BHCC anytime: 503-988-4888 — your 24/7 partner in prevention.

## Behavioral Health Call Center (BHCC) Data Highlights

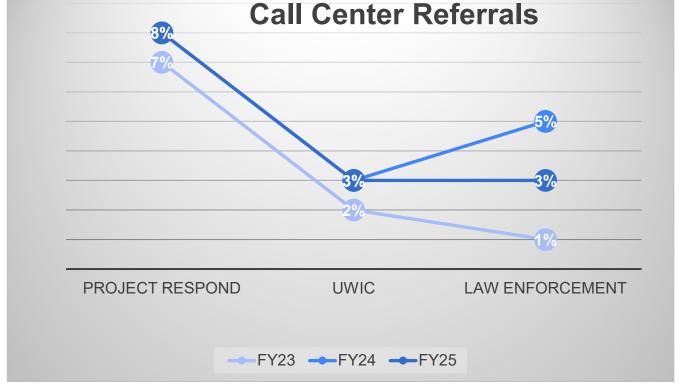
## TOTAL INBOUND/OUTBOUND CALLS



**Key Increases:** 



 <u>×</u> 911 transfers from BOEC: +86%



81% of all calls are resolved over the phone with no need for higher level of intervention services



## What to expect when you call

#### Caller Information

- Name
- Organization
- Contact Information

#### Client Information

- Name
- Demographics
- Location

#### Assessment

- Current Concern (why today?)
- Relevant history
- Review Crisis Alert
- CSSRS; CALM

#### Plan

- Safety Planning
- Follow-up
- Care Coordination
- Recommend, Refer, Deploy

#### Crisis Alert System and System Coordination

Client Demographics and contact information

Provider Information and contact numbers



Historical Information

#### **Current Presentation and Situation**

Current concerns, intervention strategies, helpful suggestions, what has worked in the past, what the hope is for resolving the situation, identified supports

### **Behavioral Health Resource Center**

333 SW Park Ave 503 - 988 - 4100

7:00 am - 8:00 pm BHRC Day Center Referral Van phone: 971 -352-0582

8am -8pm daily

#### Services:

- Peers support
- Restroom
- Showers
- Laundry
- Lockers
- Computers and charging stations
- Basic wound care
- Activities
- Warm, safe place to relax







# Project Respond

Lisa Stewart & Amber Rollins
Project Respond
Cascadia Health

## Mobile Crisis - Project Respond

- 24/7/365
- Anywhere in Multnomah County
- Multidisciplinary teams of 2
  - Master's Level Clinicians
  - Bachelor's Level Clinicians
  - Peer Providers
- Respond within 1 hour
- Free
- Access to follow -up teams and support



#### Referral Criteria

#### • How do we get referrals?

- MultCo Call Center: #503-988-4888
- 911
- Portland Street Response

#### • Who do we see?

- Anyone in a MH crisis in MultCo
- Low-acuity crisis response
- High-acuity crisis response
- Face-to-face mental health assessment
- Welfare checks
- Follow-up support and referrals
- May facilitate voluntary and involuntary hospitalization (DCH)
- Youth and adult crisis response

#### • Who can't we see?

Individuals in a medical emergency



## What can someone expect?

If safety concerns are present, PR will likely co-respond with police. Some considerations include:

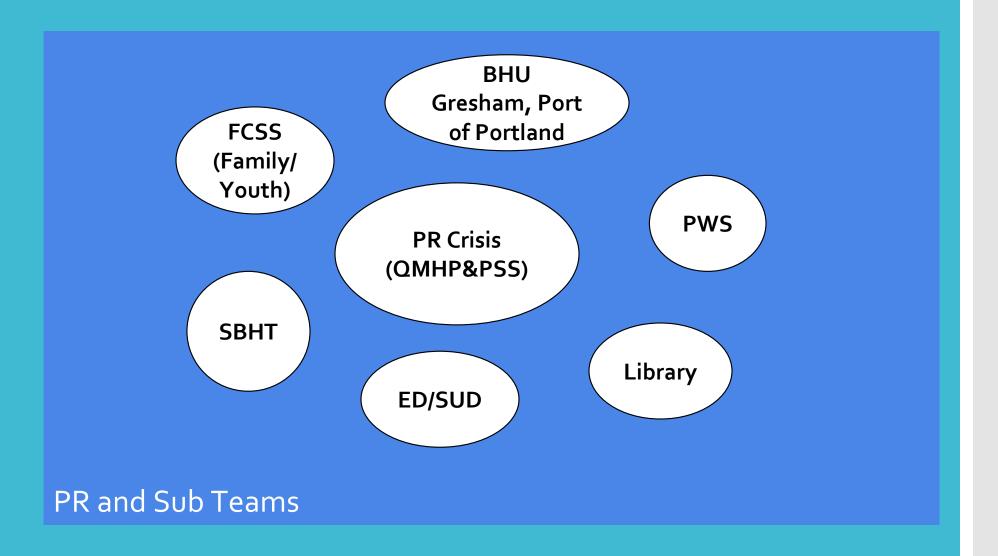
- History of violence
- Threats of violence
- Weapons
- Intoxication

We always consider least restrictive alternatives before involuntary hospitalization

- Director's Custody Hold
  - Oregon Revised Statute 426.233 defines the Authority of the CMHP Director and other individuals (Designees) to detain or place in custody a person who the Director or Designee has probable cause to believe is dangerous to self or others and in need of immediate care, custody or treatment for mental illness.

## Outcomes

Outcome	Definition	% of total episodes
Community Plan	Client evaluated and determined that they can safely be in the community	83%
Director's Custody Hold or Police Hold Initiated	Assessment results determine that the person needs to be evaluated at the hospital and transported there involuntarily	11%
Referred to Hospital Sub-acute or Respite - Voluntary	Assessment results determined that client would benefit from brief and intensive stabilization services	5%
Jail	The number of incidents that result in the client being transported to jail.	.5%



- 1. PR Crisis (24/7)
- 2. Shelter (7 days a week 11-7:30pm)
  - . BHU Gresham (M-Th)
- 4. FCSS(M-F)
- 5. PWS (M-F)
- 6. Library (M-F some weekends)
- 7. ED/SUD (ED-9-7:30 7/wk, SUD-M-F)
- 8. BHU Port of Portland

## Shelter Behavioral Health Team (SBHT)



- Peer Specialists and QMHA Counselors
- Accepts referrals from shelter staff or self -referrals
- Provide drop -in counseling and low-acuity crisis response
- Peer Support for shelter participants
- 7 Days a week, 11 am 7:30 pm

## Urgent Walk - In Clinic

- 4212 SE Division
- M-F 7am -9pm
- All Ages
- Free
- Follow up supports



## Thank You!

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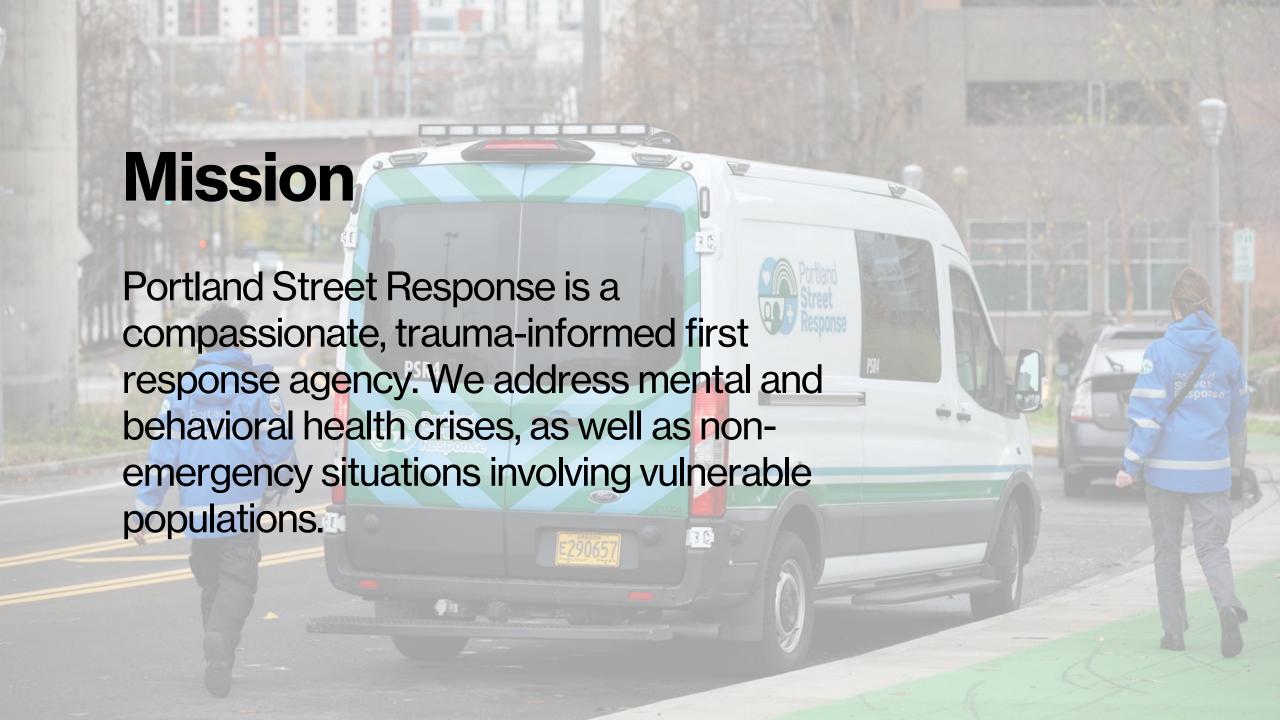
Amber Rollins <u>Amber.Rollins@Cascadiahealth.org</u>

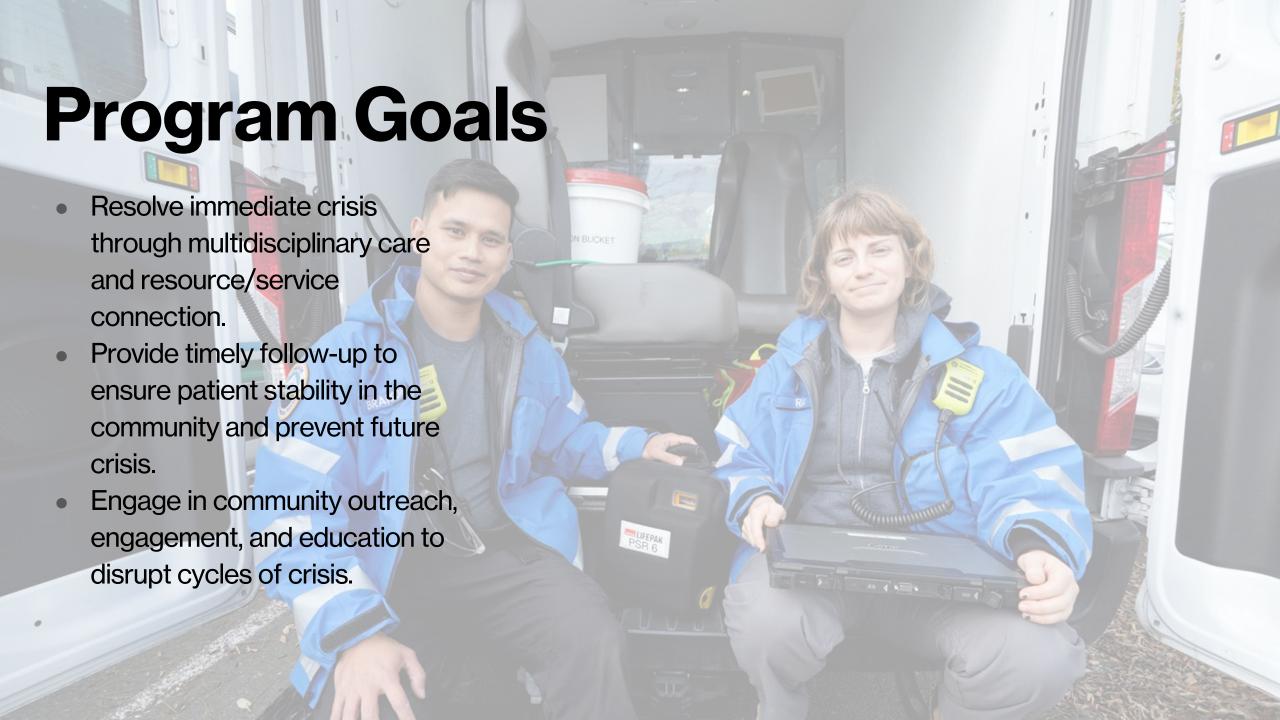






A First Response Program Centered Around Mental & Behavioral Health





## **Our Multi-Disciplinary Team**



# What calls do we respond to?

- Low-acuity mental health crisis
- Substance use/intoxicationrelated crisis
- Trespass/disturbance (due to mental health/substance use)

# What do we provide?

- Low-acuity crisis response and deescalation
- Mental health assessments
- Arrange transportation to staffed facilities and shelters
- First aid and emergency medical services
- Case management and referrals
- May facilitate voluntary hospitalization
- Co-response with other bureaus, such as PBOT, PPB

# How PSR Triages

Calls

#### 1. Down and unchecked

2. First Responder Partner Co-Response (i.e. AMR, PF&R, and PPB)

3. Calls with multiple complainants or mental health crisis present

4. First Responder Partner Referrals (i.e. AMR, PF&R, and PPB)

## After Care Team



#### **PEER SUPPORT:**

Emotional support & advocacy

Connect individuals to food and clothing

Assist with obtaining IDs

Assist with obtaining IDs
Support with appointments
Respond to 911 calls



## COMMUNITY HEALTH WORKERS:

Short-term case management

Find temporary shelter

Long-term housing applications

OHP sign-up

Referrals to other services (mental health, substance use treatment, etc.)

# PSR is NOT available to respond to individuals who are:

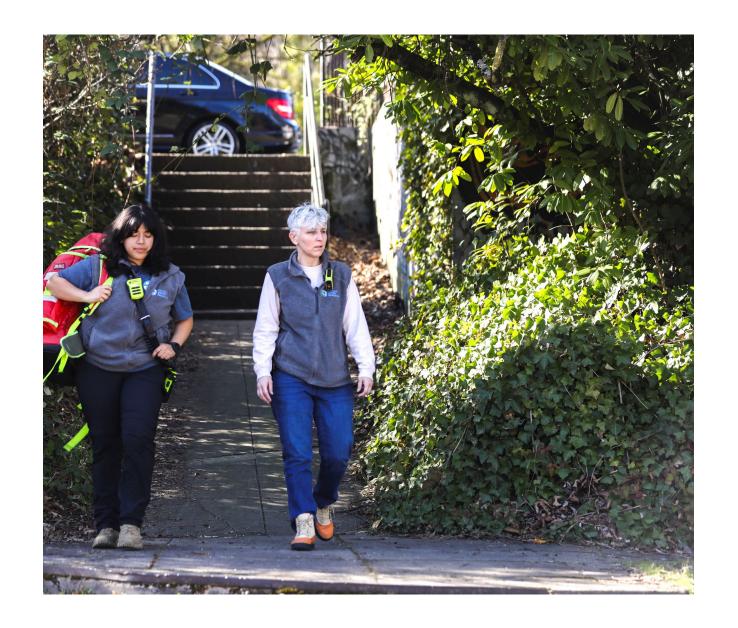
Actively suicidal

Brandishing weapons or behaving violently

Located in private residencies

Third party callers for homeless encampments without crisis indicators

Third party callers requesting supplies, resources, referrals, or shuttling without crisis indicators



## New policies 2025

**Shuttling:** PSR responders can shuttle individuals if other methods of transportation aren't appropriate:

- Shelters
- Day use centers
- Food pantries
- Safe or trusted private residences

**Response location:** Can now respond inside certain public places including:

- Lobbies of gov't buildings during regular business hours
- Privately owned businesses that are open to the public (restaurants, retail or grocery stores during regular business hours)

**New Phone Number:** Request PSR by calling 911 or 503-823-7773. Both lines are answered by the same trained 911 call takers

**Extended hours-** New hours 6am-Midnight 7 days a week.



#### 2025 budget calls for 14 additional staff



Hour expansion



**Districting**: Place units in districts for better access to calls. Start with two districts later this year (east side/west side) along with a "wild" car to support busier areas and higher priority calls

# Future growth

### The right responder for the right call



PSR exists within the established First Response System for the city. As such, it rounds out the options available to residents in need of assistance.







#### Portland Street Response

- 0600 Midnight/7 days a week
- Low-acuity crisis response and de-escalation
- Mental health assessments
- Arrange transportation to staffed facilities & shelters
- First aid & emergency medical services
- Case management & referrals
- May facilitate voluntary hospitalization

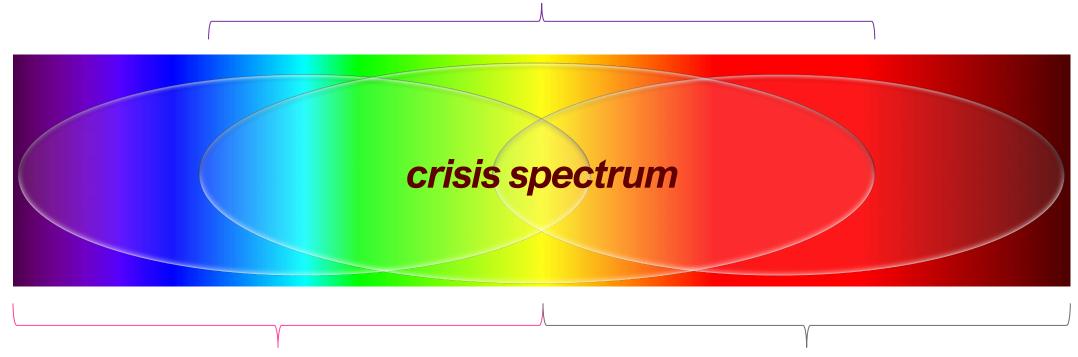
#### **Project Respond**

- 24/7/365
- Anyone in crisis within Multnomah County
- Multidisciplinary response team
- Embedded peer providers for initial response and follow up
- All acuity behavioral health crisis response, intervention, assessment, & referrals
- May facilitate voluntary & involuntary hospitalization (Director's Custody Hold)

### Portland Police Bureau

- 24/7/365
- Police Officer Civil Holds (facilitation of voluntary & involuntary hospitalization)
- Crisis Intervention Patrol Response
- Enhanced Crisis
   Intervention Team
- Behavioral Health Unit/ Behavioral Health Response Teams
- Crisis Negotiation Team

#### **Project Respond**



**Portland Street Response** 

**Portland Police Bureau**